



Baby Milestones & Firsts



Milestones/Firsts	Average Age	Date	Age	Notes
First Smile	0-2 months			
Lifts Head	0-2 months			
Starting to Coo	0-2 months			
First Giggle	1.5-3.5 months			
Reach for Object	3-5 months			
Roll Tummy to Back	3-5 months			
Bear Weight on Legs	3-7.5 months			
Roll Back to Tummy	4-6 months			
First Food	4-7 months			
Sleep through the Night	4-9 months			
First Tooth	5-7 months			
Feeding Self Finger Foods	5-8 months			
Sit without Support	5-8 months			
Crawl	6-10 months			
First Word	6-10 months			
Hold the Bottle	6-10 months			
Pull to Standing	6-10 months			
Say "Dada"	6-10 months			
Say "Mama"	6-10 months			
Tummy to Sitting	6-11 months			
Starting to Babble	6-11.5 months			
Clapping	7-13 months			
Wave Bye-Bye	7-13 months			
Cruising	7.5-12.5 months			
Stand Alone	9-13 months			
First Steps	9-15 months			
Drinks from Sippy Cup	10-16 months			
Walks Well	11-15 months			
First Bottle				
First Time on an Airplane				
First Time with a Babysitter				
Holiday Firsts	Date	Age	Notes	
New Years Day	1-Jan			
Valentines Day	14-Feb			
Easter				
Memorial Day				
Independence Day	4-Jul			
Labor Day				
Halloween	31-Oct			
Thanksgiving				
Christmas	25-Dec			
Birthday				