Childbirth Packing List

Mom's Things		
✔	#	Item
		Bathing Suit
		Flip Flops
		Going Home Outfit
		Lightweight Robe
		Maternity Shirt
		Nursing Bra
	2	Nursing Tank
		Pajamas
		Phone
		Phone Charger
		Pillow/Blanket
		Socks
		Sweatshirt
		Underwear
	2	Yoga Pants

Mom's Toiletries		
✔	#	Item
		Brush/Comb/Pick
		Chapstick
		Contact Solution
		Contacts
		Curling Iron
		Dental Floss
		Deodorant
		Face Cleanser
		Glasses
		Hair Accessories
		Hairspray
		Lotion
		Makeup
		Q-Tips & Cotton Balls
		Razor
		Shampoo & Conditioner
		Straightener

Mom's Labor Items		
✔	#	Item
		Music
		Birthing Ball
		Camera Batteries
		Camera/Memory Card
		Notepad/Journal

Dad's Things		
✔	#	Item
		Change of Clothes
		Contact Solution
		Contacts
		Deoderant
		Pajamas
		Phone
		Phone Charger
		Snacks/Drinks
		Toothbrush
		Toothpaste
		Underwear
		Wallet/Money

Paperwork		
✔	#	Item
		Birth Plan
		Baby Book
		Insurance Card
		List of Medications
		Picture ID
		Registration Papers

Hospital Information
Address:
Phone Number:
After Hours Phone Number:
Directions:
Misc:

Baby's Things		
✔	#	Item
		Breast Pads
		Burp Cloths
		Car Seat
		Gloves
	2	Going Home Outfit
		Hat
		Nursing Cover
		Receiving Blanket
		Socks
		Wipes

PLANNING MOMMY